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# The Gazette February 2, 2012

Langston University

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# the Gazette

STUDENT VOICE OF LANGSTON UNIVERSITY



VOL. 74, NO. 5

FEBRUARY 2, 2012

## Upcoming Dates

**LU Basketball**  
**Monday, Feb. 6,**  
5:30 p.m.-Women  
7:30 p.m.-Men  
C.F. Gayles  
Fieldhouse

**"The Buffalo  
Confederacy"**  
**Art Exhibit**  
**Monday, Feb. 6,**  
5 p.m.-Opening  
Reception  
Melvin B. Tolson  
Black Heritage  
Library

**Poetry Slam**  
**Thursday, Feb. 9,**  
8 p.m.  
Sponsored by LUSAB

**Miss Langston  
Pageant**  
**Saturday, Feb. 11,**  
7 p.m.  
I.W. Young  
Auditorium

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Section** .... p 4

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# Dr. Kent Smith is ready to start LU presidency

By Andrea Perry  
Staff Writer

With a new year and the presidential primary elections under way, Langston University also had its own politics in motion.

Jan. 20, 2012, marked the day Dr. Kent Smith Jr. was appointed as new president of Langston University. After three days of visiting each Langston University campus in Langston, Tulsa and Oklahoma City, Smith was chosen as the 16th president out of two other candidates.

Although Smith does not begin his tenure until July 1, 2012, he has already expressed his enthusiasm to be a part of Langston University's faculty.

"I'm humbled, honored and excited all at the same time," Smith said. "I'm looking forward to joining the Langston University family."

Smith was attracted to Langston because he felt that it was a great institution.

"Once I started researching Langston University, I quickly began to see the love of the institution that faculties, students and alumni express," Smith said. "There are a lot of quality academic programs, and Dr. (JoAnn) Haysbert did a good job at financially stabilizing the university before she left."

Smith acknowledges that he will develop goals for the university once he is officially working

as president and said he anticipates coming to LU with an open mind this summer. He plans to hold several meetings with students and also faculty so that he can familiarize himself with the voices of the university.

"My plans and visions are still being formulated. I plan to come to Langston in July with open ears and intend to further enhance what already exists," Smith said.

"You'll see me upon arriving having a lot of interactive sessions to allow people to tell me their experiences and to see Langston through their perspective," he said. "Bringing the campus together will come as a result of interactive meetings with me listening, and it will be a collective vision."

Smith also plans to enhance the brand of LU with the help of students.

"Students know a lot better of what it takes to attract a student to Langston University than the faculty and staff members," Smith said.

Smith is currently the vice president for student affairs and assistant professor of education at Ohio University.

He previously was the dean of students at Auburn University, the director of Multicultural Affairs at Case Western Reserve University, the assistant director of Black Student Services at Colorado State University and adjunct faculty at Cleve-

land State University and Smith's wife, Tiffany



Dr. Kent Smith

Colorado State University. He earned his Bachelor of Science in secondary education and his Master of Education in educational administration and supervision from Southern University and his Doctorate of Philosophy from Colorado State University.

Not only does Smith see opportunity at Langston for himself but also for his family. He looks at LU as a future university for his son, who is a sophomore in high school, to attend upon graduation.

Smith, who is assistant general counsel at Ohio University, made a lasting impression on faculty and staff members with her poise and support of her husband.

As first lady of LU, she plans to get involved with campus activities as she was heavily involved at Ohio University.

"As we transition to Langston University, I will also seek the same level of involvement there and in the community,"

see **PRESIDENT**, page 3

## the Gazette

The *Gazette* is produced within the Department of Communication at Langston University. It serves as a teaching tool and public relations vehicle. The newspaper is published bimonthly and is dispersed across campus every other Thursday, except during examinations, holidays and extended school breaks.

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Opinions expressed in LU Voices are those of the writers whose names appear with the articles. Letters to the editor should be emailed to nkturner@lunet.edu. Please include your name and telephone number. The newspaper retains the right to edit, accept and/or reject items deemed to be contrary to the best interest of the publication, Langston University and/or any of its governing bodies.

## Think before you feast

# Fast food causes health issues

Let's face it. We all enjoy an occasional fast-food meal. But when occasional turns into every day, it can be fatal.

Throughout high school, I worked at several fast-food places, so of course I was eating a lot of it daily. As a result of eating it every day, I had to have emergency colon surgery my senior year in high school.

In spite of this, to this day I can't resist a juicy, fat, 100 million-calorie burger, yet I indulge only once in a great while. For the most part, the smell at most fast-food places make me want to throw up sometimes.

When I was a little boy, I was around my grandparents a lot because my parents were at work or looking for a home to purchase in North Texas.

My grandmother cooked every day for every meal. She would feed us fruits, veggies, fish and other

meat, as well as my favorite desserts.

Soon after my parents found a home, my mother cooked dinner. However, shortly after we moved, she started working, and with no one there to make us dinner, my father would always take me and my sister out for dinner.

Thereafter, I first began to notice a change in my energy level.

In a study published last August in *USA Today*, it was reported that 16 percent of U.S. children under 7 think that the best thing about eating at a fast-food



Holmes

restaurant is the food.

Thirty-six percent of U.S. children indicated that the best thing about eating at a fast-food restaurant is the toy that comes with some meals.

If this poll had been taken when I was a child, I would have said the best thing was the food, of course. And related to this, it is interesting to note that the total sales of kids' meals at fast-food restaurants in the U.S. last year were \$5.5 billion.

This is a thriving target market, to say the least.

According to myfit.com, more than 50,000,000 people in U.S. depend on fast food. Americans alone spend \$110 billion-plus for different types of fast food; that is more than a quarter of Americans.

It has been reported that eating fast food and leading a sedentary lifestyle lead to obesity, and it is well documented that being overweight can lead to

so many health complications, including high-cholesterol levels, blocked arteries and an increased risk of coronary diseases.

From past experience, I can confirm that people easily get addicted to fast food, meaning greasy and fatty foods.

Among the most harmful effects of fast food are nutritional deficiencies, increased cholesterol levels, cardiac problems, obesity and many other threatening health hazards.

Admittedly, after reading up on all these facts and statistics, it makes me want to call my grandmother for some healthy recipes.

Please take a moment to think before you hit that drive-thru window and down that greasy burger. Your health is important, but only you can make it a priority.

*Zach Holmes is a senior broadcast journalism major at Langston University.*

## Question of the Week

*What are your plans for Valentine's Day?*



"I plan on going to a movie and out to eat, and spending some time with someone special."

Brianna Taylor,  
senior elementary  
education major



"I don't know; I just got here. I'm still looking."

Hassan Hall,  
freshman business  
administration major



"I plan on spending it with the three loves of my life — Woodie, Janaie and Nanci. We are going to go see 'The Vow.'"

JaeJae Keller,  
junior physical  
education major



"Well, my birthday is Feb. 9, and I plan on spending it with my son and 'The Bruhz.' Roo!"

Sammie Rucker,  
junior broadcast  
journalism major

Compiled By  
Sherrard Curry



# LU gears for black history celebration

By Kayla Jones  
Staff Writer

With the 2012 spring semester kicking off, Student Affairs has a lot of activities planned for the student body.

One of the major things that Student Affairs is preparing for is Black History Month, particularly be-

cause Langston University is the only HBCU in the state.

For the month of February, Student Affairs will host numerous activities focused on black history. The national theme for Black History Month is "Women in African-American Culture and History."

Tyrone Walker, student

activities coordinator, said many activities will focus on African-American women from the past and present.

Students are welcome to volunteer and express any ideas they may have to either Walker or Chester Woods.

Walker said they could possibly incorporate student ideas into the calendar.

One activity that is taking place during the month

is Gospel Explosion. Walker said it is a workshop for all students who may be interested in learning traditional gospel songs.

Another activity on the calendar is the honoring of Ada Lois Sipuel Fisher.

Fisher was the first black woman to attend law school at the University of Oklahoma.

Walker said there will be a re-enactment of her journey, which is called "I'll do it!"

The month will also feature an open-mic night for students to come and speak their minds about what they would like to see go on at LU.

"There is a committee that is composed of staff, students and faculty members from all three Langston campuses," Walker said.

"The committee meets and brain storms about different things that they believe students would be receptive to, based on past events, what's out at the current time and what's hot at the moment," he said.

The activities can also be a teaching tool for stu-

dents.

"We also try to add an educational component to it," Walker said.

He said the inspiration for the events in February derived in part because LU is an HBCU, but also because the committee wanted LU to be a premiere institution in honoring black culture and not forgetting why we are here.

Students are hoping to learn more about Black History Month through attending the events.

"I'm looking to learn more about my history," said Myah Doakes, a sophomore communication major.

Walker said students will have much to gain through attending the events.

"It will give each student more knowledge of our history and how we are still evolving and growing, because the struggle is never over," Walker said.

All events during the month of February are free and all students are invited to participate.

For a complete list of events, contact Student Affairs at 405-466-3444.

## Meet & Greet

Department of Communication

Stop by the Gazette Lab,  
Room 318 in Sanford Hall  
for a chance  
to meet faculty  
and fellow students.

Thursday, Feb. 9  
11 a.m.

All students are welcomed

## PRESIDENT

from page 1

Mrs. Smith said. "I plan to reach out to student organizations to determine how I can best work with them to help make Langston better. I look forward to the excitement of the student body."

President Smith said he thinks Langston is a good fit for his family.

"It feels right for our family," he said. "We feel like it's a great match."

## News Briefs

- The Oklahoma City University law school will have an open house for those interested in attending law school. The open house is 10 a.m.-1 p.m. Feb. 11 at OCU's Sarkeys Law Center. To RSVP call 405-208-5354.

- LU-OKC is hosting an art festival and craft exposition in honor of black history month. The annual event is 6-8:30 p.m. Feb. 9 at LU-OKC in conference room 129. Admission is free. The deadline for art entry is Feb. 6.

- Former Mayor of Langston Magnus Scott is running for State Senate District 20. All students are encouraged to register to vote. The senate election is April 3.

- The Poteet Theatre at St. Luke's United Methodist Church in Oklahoma City is holding performances of "The Color Purple" musical every weekend, running March 2-April 1. Shows are at 8 p.m. Thursdays, Fridays and Saturdays and 3 p.m. on Sundays. Tickets are \$20 per seat. Go to [www.poteet-theatre.com](http://www.poteet-theatre.com) for more information.

# "Contribution"

A staged reading  
performed by Langston University  
theater arts students

5-7 p.m.  
Friday, Feb. 10  
Rick's Fine Chocolates & Coffees  
109 W. Oklahoma Ave.  
Guthrie, Okla. 73044

# Six women prepare for 66th annual Miss Langston University pageant

By Andrea Perry  
Staff Writer

The crowning of the 66th Miss Langston University will take place at 7 p.m. Saturday, Feb. 11, in the I.W. Young Auditorium.

Six eager contestants will compete in the Miss Langston pageant for the opportunity to represent Langston as a student ambassador and leader.

The 2011-2012 Miss Langston, Micah Byrne, will relinquish her crown to either Taeshana Washington, Jasmine Woodard, Autumn Susberry, Jasmine Redo, Megan Bowlin or Dontreka Matthews.

"The new Miss Langston University will embark on a journey both special and unique," Byrne said. "It is my wish for her to keep this title close to her heart and to appreciate every working minute of it."

"This was truly a wonderful experience that I will never forget. I am very excited to crown the new Miss Langston University," she said.

The first contestant hoping for that crown is Washington, 2011-2012 Miss Black and Gold and a junior finance major with a minor in accounting from Aurora, Colo.

Woodard is a junior biology major and a member of Alpha Kappa Alpha Sorority Inc. from Little Rock.

Susberry is the current Miss Black Langston and a senior elementary education major from Chicago.

Redo is the current Miss Krimson and Kreme and a sophomore broadcast journalism major from Muskogee.

Bowlin is a sophomore chemistry major and former Miss Orange and Blue from Tulsa.

Matthews is a senior psychology major and runway model from Amarillo, Texas.

Pageant Director Deshnick Lewis said the theme of this year's pageant is "Prestige."

This is a standard one lucky young woman is expected to live up to if chosen.



Taeshana Washington



Jasmine Woodard



Autumn Susberry



Jasmine Redo



Megan Bowlin



Dontreka Matthews

The pageant is free and open to all who would like to attend. The winner of the Miss Langston pageant will advance to the Miss Oklahoma pageant scheduled for later this year.



Questions or Concerns?  
admissions@lunet.edu  
(405)466-3428

## FROM THE OFFICE OF ADMISSIONS AND RECRUITMENT

Please be sure that you have completed a **2012-2013 FAFSA** (Free Application For Student Aid) by visiting [www.fafsa.ed.gov](http://www.fafsa.ed.gov).

*Students and parents should file their income tax returns early, because FAFSA income information for tax filers will need to be pulled directly from the IRS website. March 15, 2012 is the priority processing date for Federal Aid applicants.*

Information that you will need to complete the application include:

- Langston School Code: 003157
- Parent Taxes from 2011

Should you need further assistance in completing this application, please contact  
**Office of Financial Aid - (405)466-3282**

# Valentine's Day

-Spreadin' the Love at LU-

This note is for Starr Johnson, Tiffany Riley, Charmaine Bynum, Khalia Naquin, Unique and Juanita Smiley. I love you guys from the bottom of my heart. Without you, my days at Langston would be just terrible. LOL

Love,  
Tiana

C.D.,

I'll wait (for you to fall in love).

-fF



# Students have good opportunitites through on-campus organizations

By Ke'Auntae Matlock  
Contributing Writer

There are many organizations on the Langston University campus to help better Langston's community.

Some are Greek and others are non-Greek affiliated, but all are available to students in good standing on the campus and who have an interest in the particular organization.

Two of these organizations include the Primethinkers and the National Council of Negro Women.

The Primethinkers are math club members who help tutor students in math.

These members also tutor

elementary children living in the Langston Commons who are the children of LU students.

To raise money for their club during the fall 2011 semester, members raffled tickets for \$1 to win a Thanksgiving basket.

"To become a Primethinker you have to love math and know math," said Jerina Williams, senior nursing major and tutor for Primethinkers.

Williams also said that she does not benefit physically from being a member of this club, but she loves to give back to her community by helping others in math.

National Council of Negro

Women is an organization based on community service programs.

There are about 50 members in Langston's chapter, said Jamie Ingram, junior criminal justice major.

The organization's mission is to advance the opportunities and quality of life for African-American women, their families and communities.

People interested in joining the NCNW do not have to be African American or a female to be a part of this organization, Ingram said.

Last semester, members organized a domestic violence week as well as a breast cancer awareness week.

During the domestic violence week there were events such as a movie night showing a Lifetime movie, "No One Will Tell," as well as a self-defense class hosted by The Muhammad Brothers.

During the breast cancer awareness week NCNW members gave out breast cancer ribbons. There was also a breast cancer seminar in the Student Success Center.

This organization has open meetings to whoever is interested every two weeks, with variations on the days in the Agricultural Research, Teaching and Extension Complex.

"I joined this organization

because I felt like it was a very positive organization and a group of people trying to do a good deed for their community," Ingram said.

Every year on the LU campus all of the organizations set up booths with information about their organizations in the atrium with the exception of this year, it was held in the Student Success Center.

Students get the chance to go around the room and receive information about every organization on campus.

For more information about all organizations on campus, contact Student Activities at 405-466-2096.



Photo by Rashawn Mance

The Primethinkers proudly display their "I Love Math" T-shirts, which incorporate the club's logo. The Primethinkers are a group of students who are interested in math and help tutor other students in the subject area. The group also began tutoring local children in the clubhouse of the Langston Commons last fall.

## Mathematics Corner

Special from Dr. Betsy Showalter

Always looking for ways to enhance their knowledge, the faculty and staff of the Department of Mathematics attended and participated in various lecture series during fall 2011 that have recently come to Langston University.

One of these lectures was presented by Dr. Mickael F. Siok. Dr. Siok is a staff software systems engineer at Lockheed Martin Aeronautics Company in Forth Worth, Texas. The topic of his presentation was "Recent Catastrophic Accidents: Investigating How Software Was Responsible."

Dr. Alonzo Peterson, Dr. Abebaw Tadesse and Ms. Cassandra Parker attended a "Mathematica" workshop hosted by the Department of Technology and Wolfram Publishing on Nov. 16, 2011.

Two mathematics majors, Aleshia Richardson and Princess Hayes, represented LU in New York City at the Thurgood Marshall Leadership Conference. The two women participated in Thurgood Marshall Workshop last summer for preservice math teachers.

Mr. Anthony Hill presented a faculty development workshop on Oct. 25, 2011, titled "Using Multimedia Technology to Enhance Teaching and Learning."

His presentation asked teachers to focus on the best practices for using technology in classes. These practices are alignment, accessibility, assessment and reinforcement.

Hill said teachers should consider the tech-

nology that is most closely in alignment with their teaching skills and the needs of their students.

Teachers should be sure that the technology that they intend to use is accessible to their students. They should also consider giving them a short assignment to be filled out as they are watching a movie, for example, to structure their interaction with the media and to assess their learning at the end of it.

Finally, technology should be used as reinforcement of and supplement to their teaching, but it should not be a simple reiteration of exactly what they have done in another format.

The Mathematics Club, Primethinkers, began tutoring local children in the clubhouse of the Langston Commons this semester. The sessions were held weekly, Wednesdays and Fridays, from 3:30 to 5:30 p.m.

The Department of Mathematics participated in the Langston Homecoming Activities. The Primethinkers decorated the second floor hallway and doors of Jones Hall. The decoration activity brought together the math majors/minors and faculty in a festive team-building activity.

Primethinkers also wore their "I Love Math" T-shirts for the first time.

In addition to being a math professor, Hill is a local celebrity. Each year at Christmas, the math professor becomes Santa Claus at the LU Early Childhood Development Center. Thank you to Mr. Hill for spreading your talents from Jones Hall to LUELC.

Students produce new campus TV program



Photo by Rashawn Mance  
Faith Taylor, a senior broadcast journalism major, interviews an LU student for "LU Live." "LU Live" is a student-produced television show that covers campus entertainment, news, sports and religion.

By Aarondondo Green  
Contributing Writer

"LU Live" is a new student-produced television show that promises to bring it all together. It's about covering campus entertainment, news, sports and religion as well as a barrage of other programming segments that fit the needs of the university's student body. The program is designed to address the issues of the Langston University community by delivering entertaining and informative special reports. One of the unique characteristics of the "LU Live" program is the variety of contributing hosts. Each host brings forth a diverse and dynamic personality creating a new

flair for each show. The program will air weekdays on the University Force Station-Channel 97. Something important to note about this initiative is that it is fueled by the passion and work of the broadcast journalism students. It is a platform where their vision and their perspectives are showcased, giving students opportunities to perform

essential skills needed to work in the professional broadcast journalism industry. "'LU Live' is committed to adding quality programming for the campus viewers and we are excited to set the landscape in providing other beneficial programs like this one," said Carylon Ross, instructor in the Department of Communication and manager of Channel 97.

Channel 97 Broadcast Schedule Wednesday-Friday Feb. 1-3	
WEDNESDAY	
9-10 a.m.	Eyes on the Prize-Ain't Scared of Your Jails (America's Civil Rights Years 1954-1965)
10-11 a.m.	OETA Gallery-Writing with Light
THURSDAY	
9-10 a.m.	Eyes on the Prize-The Time Has Come (America's Civil Rights years 1954-1965)
10-11 a.m.	OETA Stateline-Behind the Curtain II
FRIDAY	
9-10 a.m.	Eyes on the Prize-Two Societies (America's Civil Rights years 1954-1965)
10-11 a.m.	OETA Stateline-Saving Yesterday
WEDNESDAY-FRIDAY	
11-Noon	OETA Gallery-Passages
Noon-1 p.m.	Black Wallstreet
1-2 p.m.	Malcolm X
2-3 p.m.	2011 Spring Showcase (LU Theater Productions)
3-5 p.m.	When We Were Colored (movie)

Channel 97 Broadcast Schedule Monday-Friday Feb. 6-10	
MONDAY	
9-10 a.m. 10-11 a.m.	OETA Stateline-Oklahoma Cycles Eyes on the Prize-Awakenings (America's Civil Rights years 1954-1965)
TUESDAY	
9-10 a.m. 10-11 a.m.	OETA Stateline-Retirement Booms Eyes on the Prize-Fighting Back (America's Civil Rights years 1954-1965)
WEDNESDAY	
9-10 a.m. 10-11 a.m.	OETA Stateline-Mister Aviation Eyes on the Prize-Ain't Scared of Your Jails (America's Civil Rights Years 1954-1965)
THURSDAY	
9-10 a.m. 10-11 a.m.	OETA Stateline-Oklahoma Cycles Eyes on the Prize-The Time Has Come (America's Civil Rights Years 1954-1965)
FRIDAY	
9-10 a.m. 10-11 a.m.	OETA Stateline-The Old Ballgame Eyes on the Prize-Two Societies (America's Civil Rights Years 1954-1965)
MONDAY-FRIDAY	
11-Noon	OETA Gallery-Passages
Noon-1 p.m.	Black Wallstreet
1-2 p.m.	Malcolm X
2-3 p.m.	2011 Spring Showcase (LU Theater Productions)
3-5 p.m.	When We Were Colored (movie)



## Students prepare for travel to West Africa

By Jennifer Williams-Bradshaw  
Staff Writer

Each summer, students sign up to travel overseas to experience new cultures and traditions.

This year, the time is drawing near to prepare for the trip to The Gambia and Senegal, West Africa.

For the past 13 years, Dr. Mary Mbosowo, Langston University Center for International Development Coordinator, has been taking LU students to West Africa.

"This is a trip that I recommend and encourage all students to go on," Mbosowo said.

Mbosowo holds pretravel seminars to inform students on what to bring, what to

expect, what is expected of them and what needs to be done to travel abroad.

The students must fill out an application and submit it to Mbosowo if they plan to participate in the trip to West Africa.

They also must apply for an international passport before April 15 and take international shots for Hepatitis A, typhoid, cholera and yellow fever.

"Go to the Oklahoma City Health Care Authority located on NE 23rd and Kelly in Oklahoma City for these vaccinations because your doctor will not have them," Mbosowo said.

There are expenses that come with the Study Abroad program.

The total cost of the trip

"This is a trip that I recommend and encourage all students to go on."

— Dr. Mary Mbosowo,  
LUCID Coordinator

to West Africa is \$6,177 for in-state participants and \$7,322 for out-of-state, and requires a \$200 deposit. The money covers the roundtrip airfare, hotel, breakfast and dinner, and \$400 in-pocket money.

The Study Abroad program is worth six credit hours at the 4000 level.

"Students will have classes every day and do volunteer work in their field of study," Mbosowo said. "Students are encouraged to learn French to be able to interact with the people they

come in contact with."

Every student has unique viewpoints and experiences about the trip to West Africa.

Kristen McClellan, senior agriculture major, traveled to The Gambia and Senegal, West Africa in 2011.

"It was very different; not what I really expected and I'm happy I got to experience it for myself," McClellan said.

Mbosowo recalled experiences from previous trips.

"One of my memories is when two students from Langston University went to

West Africa and were married in a traditional West African ceremony," Mbosowo said.

She wants LU students to get the most out of their trip to Africa.

"We encourage the students to explore and experience their surroundings while we are here," Mbosowo said. No student is allowed to just sit in their room, she said.

Students must be ready for different experiences as well.

"Be prepared for a long, tough trip," Mbosowo said.

The trip is roughly 30 hours long; this includes flying and a 12-hour long bus ride, and it is not for the faint of heart, she said.

Students are asked to dress comfortably, yet appropriately.

The departure date is set for May 30.

## STUDY ABROAD

Spring & Summer  
2012

- **Kenya, Africa** May 15-22  
Dr. Edward Manyibe: 405-962-1621, eomanyibe@lunet.edu  
Dr. Mose Yvonne Hooks: 405-466-3339, myhooks@lunet.edu
- **China** May 21-31  
Dr. Mose Yvonne Hooks: 405-466-3339, myhooks@lunet.edu  
Mr. Clark Williams: 405-466-6101, cawilliams@lunet.edu  
Dr. Steve Zeng: 405-466-6145, szeng@luresext.edu
- **The Gambia and Senegal, Africa** May 30-June 30  
Dr. Mary Mbosowo: 405-466-2013, mmbosowo@lunet.edu  
Dr. Mose Yvonne Hooks: 405-466-3339, myhooks@lunet.edu
- **Costa Rica** July 26-Aug. 7  
Ms. Shelia Garcia: 405-466-4350, slgarcia@lunet.edu  
Dr. Mose Yvonne Hooks: 405-466-3339, myhooks@lunet.edu

## Take a trip to China



Photo by Rashawn Mance

Dr. Steve Zeng, chairman of the Department of Agriculture and Natural Resources, gives a presentation about studying abroad in China. Zeng and other faculty members including Dr. Mose Yvonne Hooks, director of the Langston

University Center for International Development, spoke to students Jan. 24, displaying artifacts from Chinese culture and informing them about the history of the country.



# Lionesses take first season loss

Special from SID

The final undefeated team in NAIA Division I Women's Basketball would end the best start in school history at 17 victories, as the Langston Lionesses (17-1, 11-1 in RRAC) fell to Texas Wesleyan University inside C.F. Gayles Fieldhouse by a score of 59-54 on Saturday night.

Texas Wesleyan's (14-3; 9-2 in RRAC) victory did not come as a major surprise to people who follow the NAIA, as the Lady Rams were one of two teams to give Langston a loss in conference play last season.

Last season's Langston squad went 29-6, and advanced to the second round of the NAIA Women's Basketball National Championship Tournament.

The Lady Rams managed to have four players score in double-figures, with Octavia Mullins leading the way with a team-high 14 points and 11 rebounds. The Lady Rams also managed to hang onto the basketball better than Langston, as they had seven fewer turnovers than Langston (25 to 18).

Kimberly Jones had a game-high 16 rebounds to go with 13 points, and Shontice



Photo by Rashawn Mance

Shontice Simmon, LU senior guard, drives the ball down the court against Nicole Terral, senior guard from Texas Wesleyan University. The Lionesses took their first loss of the season with a score of 54-59.

Simmons had a game-high 15 points, but Langston shot only 5-for-20 from beyond the arc for the entire game.

As a result of the loss, Langston dropped to No. 8

in the new NAIA Top 25 poll that was released Jan. 16.

## Athletic trainer finds joy in keeping athletes healthy

By Charles Tucker  
Staff Writer

There is always a significance of having healthy athletes on a consistent basis and dedicated athletic trainers.

This is Monet Porter's second year as an athletic trainer at Langston University. She is a 24-year-old senior education major.

Porter said working with every athlete on campus brings her much joy.

"The personal relationship and trust I have with the athletes make my job a lot easier," Porter said.

"It is important that we keep our athletes as healthy as possible so they can perform to their best ability."

— Monet Porter,  
LU athletic trainer  
and senior education major

Porter said she enjoys traveling on every road trip assigned by each sport and it personally excites her.

She goes to these sporting events to tape the ath-

letes' ankles and make sure the athletes are ready to perform.

"It is important that we keep our athletes as healthy as possible so they can perform to their

best ability," Porter said.

As trainers, they don't prevent injuries, but they help treat all injuries properly.

"Once they are hurt they are placed in rehabilitation and we focus on strengthening the injured area to prevent further or repeat injuries," Porter said.

"That task can seem very stressful or complicated at times being a student first and trainer second," she said.

However, she said, there are many things that motivate her.

Paul Campbell, junior men's basketball player,

said, "She is a true solidier and her dedication shows every day."

Porter said the experience and knowledge she has gained from her everyday work varies, and she always welcomes the possibility of learning something new and performing it.

"Success falls in the hearts of those who truly portray it," Porter said. That is a motto she lives by each day.

While Porter is gaining experience as an athletic trainer, she said her ultimate goal is to be a basketball coach and a history teacher.